

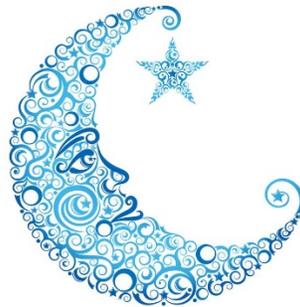


# RED LOTUS LETTER

by Katie Weber

MOVE ENERGY, MAKE MONEY

## FENGSHUI Insider



### NEW MOON NOTICE

**New Moon in Pisces, Monday, February 20 at 2:06 am ET**

Happy Lunar New Year!

This month we move into the Pisces energy of love, compassion, and vision....sounds a lot like a peaceful rabbit to me. This energy is the soothing balm of all the hubbub of the holidays, New Year, and Lunar New Year that we have moved through the past two months.

Because this New Moon is in Pisces, a water sign, try to "go with the flow" as they say, so that you can ride the wave to a peaceful and flowing feeling in your life.

Think of these words this month:

- *Balm*
- *Surrender*
- *Allow*
- *Flow*

These are the words that mean you allow life to unfold versus making and pushing things to happen. Look for activities and make choices that are a *balm* to you, like reading a book, having unstructured time, sitting on a beach, or getting a facial.

*Surrender* is the word to put your attention on whenever you find yourself in life's tug-of-war.

Release and allow what happens to happen.

Decisions don't always have to be made. Giving yourself the space and time to *allow* what feels right or for the answer to present itself helps you to connect to the *flow* of life and energy that you often swim against or that seems elusive.

Allow flow to *find you*.

**Pisces is the sign of ideals...and compassion. And there is no better way to practice this than to be compassionate with *yourself*.**

How can you practice self-compassion? Maybe it's quieting that inner critic that says nothing but negative statements about you.

Replace those thoughts with positive ones or allow the thoughts to float out the window of your mind.

Or simply be a friend to yourself. When something happens that you don't like or you make a mistake, talk to yourself as a friend and say "*Hey, it's OK. You've got this!*"

**Be mindful of that little whisper you hear.**

Pisces is the sign that also most relates to inner wisdom, intuition, and listening to that small voice you so often disregard when it whispers to you. Give your gut instincts, the small still voice, or the whisperings of your intuition a chance to come through. *Honor your inner knowing.*

### **New Moon Wishes**

If you're new to making wishes, it's important to note that you should wish for a maximum number of ten wishes. Try to make your wishes within eight hours of the New Moon. Word wishes positively and with a specific result or outcome in mind, such as "*I wish for \_\_\_\_\_ to easily/effortless come to me/happen for me/be released,*" or "*I wish to see myself attracting lots of healthy, supportive and happy new friendships.*"

## **This Month's New Moon**

**DATE:** February 20, 2023

**SIGN:** Pisces

**TIME:** 2:06 AM Eastern Time (Find your time zone comparison)

## **This Month's Wish Themes**

- *Meditating, adding calming routines, believing in Universal love*
- *Releasing addictions, poor health or emotional habits*
- *Treating foot problems, toe fungus, corns, bunions*
- *Getting more sleep -- or better sleep*
- *Acting and speaking gently, compassionately*
- *Developing more trust and faith*
- *Releasing anxiety, disappointments*
- *Letting go, giving forgiveness*
- *Creating time to reflect, meditate, pray or connect with source or spirit*

Once you've made your New Moon wishes, consider practicing some Pisces-related affirmations such as:

*I am clear on what I want and what I need in life.*

*I express my needs with ease, my emotions are balanced and empower me..*

*I honor and trust that I am being guided for my highest good.*

*I am focused on my own inner peace and intuition.*

*I consciously experience joy and self love.*

Wishing you a peaceful and harmonious month!

**Chi and crackers,**

*Katie*